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Student Study Guide
America's Heartland

Episode 119 – Kiwifruit

1. What state is the location for this segment of America's Heartland? _____.
2. Kiwifruit has been around for _____ years, but available in the United States for only _____.
3. Some people resist trying this fruit because of its odd fuzzy _____ exterior and bright _____ interior that is packed with little black seeds.
4. Originating in _____, kiwifruit is both tart and sweet at the same time. United States growers started to produce them in _____.
5. Harvest begins _____ and pickers work fast to harvest kiwi into _____ pound bins before the rainy winter weather sets in. Each worker will pick _____ or _____ of these bins each day.
6. California growers produce _____ of all kiwis sold in the United States but now face competition from foreign producers.
7. For nutritional value, the kiwi is a powerhouse. It contains _____ of the daily requirement of vitamin C.